

**The Book of Luke**  
**Lesson - 5 Christ as the Lord of the Sabbath**

Memory Verse      **Hand Out Scriptures to read**

**Mark 2:27, 28, (NKJV) “The Sabbath was made for man, and not man for the Sabbath. Therefore the Son of Man is also Lord of the Sabbath.”**

**“As His Custom Was”**

Although Luke was a Gentile roughly 50% of the New Testament references to the Sabbath are in his Gospel or the book of Acts. He never refers to it as “the Jewish Sabbath”

**Luke 4:16 (NKJV)** So He came to Nazareth, where He had been brought up. And *as His custom was*, He went into the synagogue on the Sabbath day, and stood up to read.

Synagogue a religious assemblage of persons; meeting congregation,

**Luke 21:37 (NKJV)** And in the daytime He was teaching in the temple, but at night He went out and stayed on the mountain called Olivet.

**Luke 22:39–40 (NKJV)** Coming out, He went to the Mount of Olives, *as He was accustomed*, and His disciples also followed Him. When He came to the place, He said to them, “Pray that you may not enter into temptation.”

**Luke 5:16 (NKJV)** So He Himself often withdrew into the wilderness and prayed.

**Mark 1:21–22 (NKJV)** Then they went into Capernaum, and immediately on the Sabbath He entered the synagogue and taught. And they were astonished at His teaching, for He taught them as one having authority, and not as the scribes.

**Luke 6:6–11 (NKJV)** Now it happened on another Sabbath, also, that He entered the synagogue and taught. And a man was there whose right hand was withered.<sup>7</sup> So the scribes and Pharisees watched Him closely, whether He would heal on the Sabbath, that they might find an accusation against Him.<sup>8</sup> But He knew their thoughts, and said to the man who had the withered hand, “*Arise and stand here.*” And he arose and stood.<sup>9</sup> Then Jesus said to them, “*I will ask you one thing: Is it lawful on the Sabbath to do good or to do evil, to save life or to destroy?*”<sup>10</sup> And when He had looked around at them all, He said to the man, “*Stretch out your hand.*” And he did so, and his hand was restored as whole as the other.<sup>11</sup> But they were filled with rage, and discussed with one another what they might do to Jesus.

**Sabbath: Its Message and Meaning**

**Luke 4:17–22 (NKJV)** And He was handed the book of the prophet Isaiah. And when He had opened the book, He found the place where it was written:

*“The Spirit of the LORD is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed; To proclaim the acceptable year of the LORD.”*

Then He closed the book, and gave it back to the attendant and sat down. And the eyes of all who were in the synagogue were fixed on Him. And He began to say to them, “*Today this Scripture is fulfilled in your hearing.*” So all bore witness to Him, and marveled at the gracious words which proceeded out of His mouth. And they said, “Is this not Joseph’s son?”

**Psalms 119:11 (NKJV)** Your word I have hidden in my heart, That I might not sin against You.

**Leviticus 23:3 (NKJV)** ‘Six days shall work be done, but the seventh day is a Sabbath of solemn rest, **a holy convocation.** You shall do no work on it; it is the Sabbath of the LORD in all your dwellings.

**Luke 16:17 (NKJV)** *And it is easier for heaven and earth to pass away than for one tittle of the law to fail.*

**Matthew 11:28 (NKJV)** *Come to Me, all you who labor and are heavy laden, and I will give you rest.*

**Exodus 31:13–14 (NKJV)** “Speak also to the children of Israel, saying: ‘Surely My Sabbaths you shall keep, for it is a sign between Me and you throughout your generations, that you may know that I am the LORD who **sanctifies you.** You shall keep the Sabbath, therefore, for it is holy to you.

**Ezekiel 20:12 (NKJV)** Moreover I also gave them My Sabbaths, to be a sign between them and Me, that they might know that I am the LORD who **sanctifies** them.

**Romans 6:6–7 (NKJV)** knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin. For he who has died has been freed from sin.

**2 Cor 5:17** Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

**Hebrews 4:1–9 (NKJV)** Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it. 2 For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it.

### Sabbath Healings at Capernaum

**Matthew 4:13–17** (NKJV) *And leaving Nazareth, He came and dwelt in Capernaum, which is by the sea, in the regions of Zebulun and Naphtali, that it might be fulfilled which was spoken by Isaiah the prophet, saying: (Isaiah 9:1–2)*

*“The land of Zebulun and the land of Naphtali, By the way of the sea, beyond the Jordan, Galilee of the Gentiles: The people who sat in darkness have seen a great light, And upon those who sat in the region and shadow of death Light has dawned.”*

**Luke 4:31–37** (NKJV) *Then He went down to Capernaum, a city of Galilee, and was teaching them on the Sabbaths. And they were astonished at His teaching, for His word was with authority. Now in the synagogue there was a man who had a spirit of an unclean demon. And he cried out with a loud voice, saying, “Let us alone! What have we to do with You, Jesus of Nazareth? Did You come to destroy us? I know who You are—the Holy One of God!” But Jesus rebuked him, saying, “Be quiet, and come out of him!” And when the demon had thrown him in their midst, it came out of him and did not hurt him. Then they were all amazed and spoke among themselves, saying, “What a word this is! For with authority and power He commands the unclean spirits, and they come out.” And the report about Him went out into every place in the surrounding region.*

### The Lord of the Sabbath

**Luke 6:1–5** (NKJV) *Now it happened on the second Sabbath after the first that He went through the grainfields. And His disciples plucked the heads of grain and ate them, rubbing them in their hands. And some of the Pharisees said to them, “Why are you doing what is not lawful to do on the Sabbath?” But Jesus answering them said, “Have you not even read this, what David did when he was hungry, he and those who were with him: how he went into the house of God, took and ate the showbread, and also gave some to those with him, which is not lawful for any but the priests to eat?” And He said to them, “The Son of Man is also Lord of the Sabbath.”*

**Sabbath Work Principles** - Again, the priests in the temple performed greater labor on the Sabbath than upon other days. The same labor in secular business would be sinful; but the work of the priests was in the service of God. They were performing those rites that pointed to the redeeming power of Christ, and their labor was in harmony with the object of the Sabbath. But now Christ Himself had come.

The disciples, in doing the work of Christ, were engaged in God's service, and that which was necessary for the accomplishment of this work it was right to do on the Sabbath day. Christ would teach His disciples and His enemies that the service of God is first of all. The object of God's work in this world is the redemption of man; therefore that which is necessary to be done on the Sabbath in the accomplishment of this work is in accord with the Sabbath law. - DA 285

### The Sabbath: The Sick Versus the Ox and the Donkey

**Luke 13:10–17** (NKJV) <sup>10</sup> *Now He was teaching in one of the synagogues on the Sabbath.* <sup>11</sup> *And behold, there was a woman who had a spirit of infirmity eighteen years, and was bent over and could in no way raise herself up.* <sup>12</sup> *But when Jesus saw her, He called her to Him and said to her, “Woman, you are loosed from your infirmity.”* <sup>13</sup> *And He laid His hands on her, and immediately she was made straight, and glorified God.* <sup>14</sup> *But the ruler of the synagogue answered with indignation, because Jesus had healed on the Sabbath; and he said to the crowd, “There are six days on which men ought to work; therefore come and be healed on them, and not on the Sabbath day.”* <sup>15</sup> *The Lord then answered him and said, “Hypocrite! Does not each one of you on the Sabbath loose his ox or donkey from the stall, and lead it away to water it?”* <sup>16</sup> *So ought not this woman, being a daughter of Abraham, whom Satan has bound—think of it—for eighteen years, be loosed from this bond on the Sabbath?”*

Donkey or ox, clean or unclean animals.

**Judges 3:14** (NKJV) *So the children of Israel served Eglon king of Moab eighteen years. God sent a Judge to save them.*

**Judges 10:8** (NKJV) <sup>8</sup> *From that year they [the Philistines] harassed and oppressed the children of Israel for eighteen years—*

**Luke 14:1-5** *Now it happened, as He went into the house of one of the rulers of the Pharisees to eat bread on the Sabbath, that they watched Him closely. And behold, there was a certain man before Him who had dropsy. And Jesus, answering, spoke to the lawyers and Pharisees, saying, a “Is it lawful to heal on the Sabbath?” But they kept silent. And He took him and healed him, and let him go. Then He answered them, saying, “Which of you, having a donkey or an ox that has fallen into a pit, will not immediately pull him out on the Sabbath day?”*